





Advance Care Planning: Is it worth doing?







Additional resources

Advance Care Planning Australia -

https://www.advancecareplanning.org.au/

Victorian Department of Health Advance Care Planning forms -

• https://www.health.vic.gov.au/patient-care/advance-care-planning-forms

Victorian Resources for people who lack capacity to undertake advance care planning & RACF Goals of Care form -

https://www.nh.org.au/resources-for-people-who-lack-capacity-to-undertake-advance-care-planning/

Making an Advance Care Directive -

• https://www.publicadvocate.vic.gov.au/your-rights/your-healthcare/making-an-advance-care-directive
Interpreting an instructional directive (with an Advance Care Directive) –

• https://www.publicadvocate.vic.gov.au/medical-treatment/patient-consent/interpreting-an-instructional-directive

A video presentation on the Medical Treatment Planning and Decisions Act 2016

• https://www.publicadvocate.vic.gov.au/medical-treatment/video-medical-treatment-planning-and-decisions-act-2016

Palliative care and how it relates to medical treatment decision making

• https://www.publicadvocate.vic.gov.au/medical-treatment/palliative-care-treatment

Medical and guardianship:

• https://www.publicadvocate.vic.gov.au/

Additional resources







ACP articles referenced in webinar PowerPoint presentation:

- Morrison RS. Advance Care Directives/Care Planning: Clear, Simple, and Wrong (Editorial). 2020. Journal of Palliative Care; 23(7):878-9. DOI: 10.1089/jpm.2020.0272
- Morrison RS, Meier DE, Arnold RM. What's wrong with Advance Care Planning? 2021. JAMA; 326(16):1575-6.
- McMahan RD, Tellez I, Sudore RL. 2021. Deconstructing the Complexities of Advance Care Planning Outcomes: What Do We Know and Where Do We Go?
 J Am Geriatric Soc; 69(1):234-244
- Sudore RL & Fried TR. 2010. Redefining the "Planning' in Advance Care Planning and End-of-f-life Decision Making. Ann Intern Med; 153(4):256-261
- Hayes B. Fabri AM, Coperchini M, et al. Health and death literacy and cultural diversity: insights from hospital-employed interpreters. BMJ Supportive & Palliative Care. Published online first 17 May 2017. doi:10.1136/bmjspcare-2016-001225

Consent and Medical Decision Making when a person lacks capacity.

- Resources for people who lack capacity to undertake advance care planning Resources for people who lack capacity to undertake Advance Care Planning Northern Health includes:
 - Form: 'What I understand to be the person's preferences and values'.
 - · Generic form: RACF Goals of Care
 - Office of the Public Advocate Guide 'Clinician's Guide to Medical Decision Making when the person has lost capacity.
- Office of the Public Advocate: Can your adult patient consent flowchart. Online https://www.publicadvocate.vic.gov.au/joomlatools-files/docman-files/flowchart/Can your adult patient consent.pdf
- Office of the Public Advocate: Can your adult patient consent App. Search for 'Patient Consent' in iTunes or Google Play







Additional resources

Goals of Care articles

- Thomas R, Zubair M, Hayes B, Ashby MA. 2014. Goals of care: a clinical framework for limitation of medical treatment. MJA; 201(8):452-455 (this is a hospital Goals of Care reference)
- Martin RS, Hayes BJ, Hutchinson, A et al. 2019. Introducing Goals of Patient Care in Residential Aged Care Facilities to Decrease Hospitalization: A Cluster Randomized Controlled Trial. JAMDA; 20(2019):1318-1324. https://doi.org/10.1016/j.jamda.2019.06.017

CPR/NFR articles

- Hayes B. Clinical model for ethical cardiopulmonary resuscitation decision-making. 2013. Internal Medicine Journal; 43(1):77-83. https://doi.org/10.1111/j.1445-5994.2012.02841.x
- Hayes B & Ibrahim J. Do you want to be resuscitated? This is what you should think about before deciding. 2021. The Conversation; online <u>Do you want to be resuscitated? This is what you should think about before deciding (theconversation.com)</u>